

No. of Printed Pages : 3

MCFT-006

**MASTER OF SCIENCE IN COUNSELLING AND
FAMILY THERAPY AND POST GRADUATE
DIPLOMA IN COUNSELLING AND FAMILY
THERAPY**

Term-End Examination

June, 2012

MCFT-006 : APPLIED SOCIAL PSYCHOLOGY

Time : 3 hours

Maximum Marks : 100

Note : Answer five questions in all. Question No. 1 is compulsory.

1. Write short notes, in about 150 words each, on *any four* of the following : **5×4=20**
 - (a) Goals of social cognition
 - (b) Concept of 'karma'.
 - (c) Cognitive appraisal theory of emotions.
 - (d) Role of grandparents in parenting young children.
 - (e) Characteristics of communication competence.
 - (f) Effect of cohabitation on females.
2.
 - (a) Explain what do you understand by prosocial behaviour ? **5**
 - (b) With the help of examples, discuss personal determinants of prosocial behaviour. **15**

3. Discuss the features of socialization of children and adolescents in the contemporary Indian society, as well as the implications of the same. Illustrate your answer with examples from everyday life. 20
4. Discuss the role of family in enhancing well-being, with the help of examples from your region. 20
5. Analyse the role of self, identity and personality in the development of an individual. 20
6. (a) Describe the importance of interpersonal communication in family relationships. 10
(b) Analyse the barriers to effective communication in the familial context. 10
7. (a) Discuss the bases of marital power. 10
(b) What are the various methods through which marital conflict may be resolved ? Explain, giving examples. 10
8. (a) Explain five different terms used to describe sexual identity. 15
(b) Enumerate various misconceptions about sexual identities. 5

9. (a) Delineate different forms of conflict according to the person's tendency to approach or avoid goals. 5
- (b) Giving examples, highlight the common sources of conflict in the family. 15
-



www.ignouassignmentguru.com

No. of Printed Pages : 2

MCFT-006

**MASTER OF SCIENCE IN COUNSELLING AND
FAMILY THERAPY**

Term-End Examination

December, 2012

MCFT-006 : APPLIED SOCIAL PSYCHOLOGY

00857

Time : 3 hours

Maximum Marks : 100

Note : Answer five questions in all. Question No. 1 is compulsory.

1. Write short notes on *any four* of the following in about **150** words each : **5x4=20**
 - (a) 'karma' in sikhism
 - (b) Construal of personality
 - (c) Sexual orientation
 - (d) HIV/AIDS
 - (e) Non-verbal communication
 - (f) Cohabitation and marital success.
2.
 - (a) Outline the various areas of adjustment during the life course. **10**
 - (b) Discuss characteristics of adjustment. Give suitable examples to illustrate your answer. **10**
3.
 - (a) Delineate different types of schemas as used for mental representation of social information. **10**

- (b) Explain the impact of schemas on social cognition 10
4. (a) Describe the issues and aspects of concern in intimate relations. 10
- (b) Discuss how couples maintain their intimate relations. 10
5. (a) Explain briefly the Indian perspectives on humans sexuality. 10
- (b) Discuss the role of gender in influencing attitudes and behaviours related to sexuality, with reference to the Indian society. 10
6. Explain, with the help of examples, strategies for promoting individual well - being. 20
7. Discuss positive parenting from the cultural context. Give examples to illustrate your answer. 20
8. (a) Analyse common sources of conflicts in the family. 10
- (b) Explain the techniques used to deal with conflicts. 10
9. Discuss the influence of family life on work, with the help of examples. 20

No. of Printed Pages : 2

MCFT-006

01567

MASTER OF SCIENCE IN COUNSELLING AND FAMILY THERAPY

Term-End Examination

June, 2013

MCFT-006 : APPLIED SOCIAL PSYCHOLOGY

Time : 3 hours

Maximum Marks : 100

Note : Answer five questions in all. Question No. 1 is compulsory.

1. Write short notes, in about **150 words** each, on **any four** of the following : **4x5=20**
 - (a) Forms of listening
 - (b) Misconceptions related to sexuality
 - (c) Plutchik's wheel of emotions
 - (d) Exercise, nutrition, and well-being
 - (e) Definition and domains of social cognition
 - (f) External locus of control
2. Discuss how a person's work life can influence his/her family life. Give suitable examples to support your answer. **20**
3. (a) What do you understand by the term 'communication competence' ? **3**

- (b) Explain characteristics of communication competence. 7
- (c) Describe strategies that can be used for competent communication. 10
4. Discuss the role of the counsellor and family therapist while dealing with individuals who are separated, divorced and reconstituted. Support your answer with examples. 20
5. Discuss the impact of gender role and sexual orientation on marital and familial relationships in present times. 20
6. (a) Identify the correlates of self. 10
- (b) Discuss the influence of culture and gender on the construal of self. 10
7. (a) Describe any two theories of aggression. 5+5=10
- (b) Discuss causes of human aggression in both children and adults. 10
8. From your personal experience and observations, what tips and strategies would you suggest for positive parenting ? Give illustrations to support your answer. 20
9. (a) What could happen if families or individuals lack resilience ? Give examples to substantiate your answer. 10
- (b) How can families or individuals be helped to adapt or build their capacities to be resilient ? Explain with the help of examples. 10

No. of Printed Pages : 2

MCFT-006

00064

MASTER OF SCIENCE IN COUNSELLING AND FAMILY THERAPY

Term-End Examination

December, 2013

MCFT-006 : APPLIED SOCIAL PSYCHOLOGY

Time : 3 hours

Maximum Marks : 100

Note : Answer five questions in all.

Question No. 1 is compulsory.

1. Write short notes in about 150 words each, on any four of the following : 4x5=20
 - (a) Altruism and empathy
 - (b) Characteristics of adjustment
 - (c) Self - efficacy
 - (d) Sexually transmitted diseases
 - (e) Resilience
 - (f) Effects of cohabitation
2. Discuss in detail any one of the theoretical approaches to understand culture and socialization. 20
3.
 - (a) Describe functions of non-verbal communication. 10
 - (b) With the help of an illustration, explain elements of non - verbal communication. 10
4.
 - (a) Identify the issues associated with the needs of the reconstituted individuals after separation and divorce . Give examples to support your answer. 10
 - (b) What are some of the alternatives and future options after separation and divorce ? Give some examples. 10

5. (a) How are chronic conflicts different from episodic conflicts ? 5
- (b) With the help of examples, discuss strategies to resolve family conflicts effectively. 15
6. (a) What is the importance of love and commitment in intimate relationships ? 10
- (b) Discuss the points of concern in intimate relationships. 10
7. (a) What do you understand by prosocial behaviour ? 5
- (b) Discuss personal determinants of prosocial behaviour. Give examples to support your answer. 15
8. (a) Describe the various dimensions of well-being. 10
- (b) Analyse the inter - relationship between emotions and well-being. 10
-
9. (a) Giving examples , discuss the impact of schemas on social cognition. 10
- (b) Outline the basic modes of social thinking, and how our behaviour is impacted by the same. 10

No. of Printed Pages : 4

00345

MCFT-006

**MASTER OF SCIENCE IN COUNSELLING AND
FAMILY THERAPY SECOND YEAR**

Term-End Examination

June, 2014

MCFT-006 : APPLIED SOCIAL PSYCHOLOGY

Time : 3 hours

Maximum Marks : 100

Note : Answer five questions in all. Question No. is 1 compulsory.

1. Write short notes, in about **150 words** each, on **4x5=20**
any four of the following :-

(a) Social acceptance of an individual

(b) Well-Being among the elderly

(c) Characteristics of adjustment

(d) Management of aggression

(e) Basic and Non-Basic conflicts among
couples

- (f) 3 R's of conflict resolution
- (g) Sexuality in preadolescents
2. (a) Discuss the myths related to positive parenting **10**
- (b) What is multiple parenting? Delineate the role of multiple parenting caregivers in India. **2+8=10**
3. (a) Explain the impact of religion on emotional well-being. **10**
- (b) List 7-8 anger management tips. **10**
4. Discuss the role of socialization in development of gender roles and sexuality in the individuals. **20**

5. (a) Explain how would you help an adolescent to manage self image. 10
- (b) Explain different types of schemes of social cognition. 10
6. (a) Define 'communication competence' 5
- (b) Define 'interpersonal communication' 5
- (c) Explain principles of interpersonal communication. Give examples. 10
7. (a) Outline stages of marital conflict with the help of an example. 10
- (b) Explain how would your use conflict resolution process in the above example. 10

8. Discuss the development of sexual identity and gender identity in India. Describe the terms used to ascribe sexual orientation of the individual. **10+10=20**
9. Discuss the factors that would influence separation and divorce among an Indian couple with the help of an example from your region and religion. **20**



www.ignouassignmentguru.com

No. of Printed Pages : 2

MCFT-006

**MASTER OF SCIENCE IN COUNSELLING AND
FAMILY THERAPY**

Term-End Examination

December, 2014

MCFT-006 : APPLIED SOCIAL PSYCHOLOGY

Time : 3 hours

Maximum Marks : 100

Note : Question No.1 is compulsory. Answer any five questions in all.

1. Write short notes, in about 150 words each, on any four of the following : 4x5=20
 - (a) Misconceptions related to sexuality
 - (b) Bases of marital power
 - (c) Johari Window
 - (d) Career adjustment
 - (e) Characteristics of altruistic personality
 - (f) Behaviouristic perspective on personality
 - (g) Facial feedback hypothesis
2. Discuss the role played by gender in a person's self construal with the help of examples in the Indian context. Highlight at least four relevant examples from the region you belong to. 20
3. Explain with the help of examples how would you promote development of positive parenting in India. 20
4.
 - (a) Discuss the impact of schemas on social cognition. 10
 - (b) Explain any one goal of social cognition. 10

5. Discuss the influence of culture on child's development. Support your answer with relevant examples. 20
6. (a) What is family cohesion ? 5
(b) What are some of the barriers to family cohesion ? Illustrate the challenges to family cohesion with the help of a case example. 10
10+5=15
7. (a) Explain different forms of listening. 10
(b) Discuss some strategies for competent communication. 10
8. (a) Discuss the needs of the reconstituted individuals. 10
(b) Describe the problems associated with single parenting in India. 10
9. (a) Describe the points of concern in intimate relationships. 10
(b) Define **any five** terms given below : 2x5=10
(i) Gender neutral
(ii) Homophile
(iii) Lesbian
(iv) Gay
(v) Butch
(vi) Drag queen
(vii) Bigendered
-

No. of Printed Pages : 3

MCFT-006

**MASTER OF SCIENCE IN COUNSELLING AND
FAMILY THERAPY**

Term-End Examination

June, 2015

MCFT-006 : APPLIED SOCIAL PSYCHOLOGY

Time : 3 hours

Maximum Marks : 100

Note : Answer five questions in all. Question No. 1 is compulsory.

1. Write short notes, in about **150** words each on **any four** of the following : **4x5=20**
 - (a) Readiness for marriage
 - (b) Sexual dysfunction as incompatibility among the married couple
 - (c) Facial expressions and emotions
 - (d) Personality traits essential for well - being
 - (e) Altruism and empathy as motives for pro social behaviour
 - (f) Difference between verbal and non-verbal communication
 - (g) Johari window
2. Define conflict and conflict resolution. Discuss how as a counsellor and family therapist you would help to resolve conflict among a couple having a two year old child. Support your answer with the help of a case illustration. **20**

3. What is family cohesion ? Discuss the factors that promote family cohesion. Taking into consideration the barriers and challenges to family cohesiveness, how would you promote family cohesiveness among families belonging to your region ? 20
4. A client comes to you with persistent pain disorder and low mood. Outline how you would help the client to manage emotions to foster the client's well-being. 20
5. Discuss how you would promote well-being among the following different population groups : 4x5=20
- (a) Working young women
 - (b) Adolescents
 - (c) Middle - aged men
 - (d) Aged parents living alone
6. Discuss the sexual development through the life cycle. Critically analyse your own views about sexuality. 20
7. As a counsellor and family describe how you would help therapist resolve marital conflict of a married couple for seven years. Discuss strategies to help in maintenance of their marriage. 20

8. Outline any two child rearing practices prevalent in earlier times, which may be existent now also, for boys and girls in your cultural contact and discuss their significance for child's socialization. Critically analyse the relevance of these child rearing practices in the traditional times as well as in the present day technology mediated modern world. **20**
9. (a) Differentiate between any two perspectives of personality. **10**
- (b) Critically evaluate the myths related to positive parenting. **10**



ignou

ASSIGNMENT GURU

www.ignouassignmentguru.com

No. of Printed Pages : 2

MCFT-006

MASTER OF SCIENCE IN COUNSELLING AND FAMILY THERAPY

Term-End Examination

December, 2015

MCFT-006 : APPLIED SOCIAL PSYCHOLOGY

Time : 3 hours

Maximum Marks : 100

Note : Answer five questions in all. Question No. 1 is compulsory.

1. Write short notes, in about 150 words each, on any four of the following : 4x5=20
 - (a) Misconceptions about sexual identities.
 - (b) Bases of marital power.
 - (c) Influence of exercise and nutrition on well-being.
 - (d) Role of grand parents in parenting.
 - (e) Positive conflict.
 - (f) Altruistic personality.
 - (g) Anger management tips.
2. What do you understand by interpersonal communication ? Give appropriate examples to support your answer. Discuss the principles of interpersonal communication. 20
3. Analyse the role of the counsellor and family therapist while dealing with a child having parents with unclear parenting roles and responsibility. Support your answer with examples. 20

4. Differentiate between chronic conflicts and episodic conflicts. What strategies can be used to resolve both these kinds of conflicts ? 20
 5. As a counsellor and family therapist, suppose you are invited to give a lecture/presentation on how to assess well-being. Discuss the strategies to promote well-being for a group of youth working in a factory from 9 Am to 6 Pm, six days a week. 20
 6. Discuss the role of the counsellor and family therapist while dealing with a couple who has come for pre-marital guidance and counselling. Support your answer with relevant examples. 20
 7. What are the reasons of widespread changes in the sexual aspects of individuals in the present day scenario ? Critically analyse, with the help of examples. 20
 8. Discuss any one personality theory in detail and outline its implication for therapy. 20
 9. What do you understand by social cognition ? 20
Explain goals of social cognition.
-

No. of Printed Pages : 2

MCFT-006

**01390 MASTER OF SCIENCE IN COUNSELLING AND
FAMILY THERAPY**

Term-End Examination

June, 2016

MCFT-006 : APPLIED SOCIAL PSYCHOLOGY

Time : 3 hours

Maximum Marks : 100

Note : (i) Answer five questions in all.

(ii) Question No. 1 is compulsory.

1. Write short notes, in about 150 words each, on any four of the following : 4x5=20
 - (a) Knapp's relationship escalation model
 - (b) Parenting styles according to Baumrind
 - (c) Sexual repression
 - (d) Causes of homosexuality
 - (e) Cognitive well being
 - (f) Schooling Vs. apprenticeship
 - (g) Journal writing
2.
 - (a) What is schema ? 5
 - (b) Explain different types of schemas with help of an example for each. 10
 - (c) Briefly discuss the impact of schemas on social cognition. 5
3. What is pro social behaviour ? With help of examples, discuss the personal determinants of pro social behaviour. 5+15=20

MCFT-006

1

P.T.O.

4. (a) Differentiate between self concept and self esteem. 5
(b) With help of an example, discuss the impact of Indian culture and socialization process on the development of 'self'. 15
5. (a) How does emotional disturbances impact well-being ? 10
(b) Discuss emotion regulation skills. 10
6. (a) Write in brief on any four theories of marriage and family. 10
(b) Discuss the role of a counsellor/family therapist with regard to marital harmony in a couple married for five years. 10
7. Explain the following terms : 4x5=20
(a) Gender identity
(b) Intersexed
(c) Transgendered
(d) Bisexual
8. (a) With help of examples, explain common sources of conflicts in the Indian family. 10
(b) Define conflict management. Discuss the positive approaches to handle family or marital conflict. 10
9. With help of a case example, discuss the features of Indian families that affect cohesion and describe the barriers and challenges to family cohesiveness in India. 20

No. of Printed Pages : 2

MCFT-006

**MASTER OF SCIENCE IN COUNSELLING AND
FAMILY THERAPY**

Term-End Examination

December, 2016

MCFT-006 : APPLIED SOCIAL PSYCHOLOGY

Time : 3 hours

Maximum Marks : 100

Note : (i) *Answer five questions in all.*

(ii) *Question No. 1 is compulsory.*

1. Write short notes, in about 150 words each, on any four of the following : 4x5=20
 - (a) Weaning in India
 - (b) Conflict resolution
 - (c) Johari window
 - (d) Time management
 - (e) Yoga and promoting wellbeing
 - (f) Self schemas
 - (g) Gender differences in pro social behaviour.

2. Discuss ecological systems theory. Keeping this theory in view discuss the impact of culture and socialization of a young girl from the region you belong. 20

3. Define social cognition. Explain any one important goal of social cognition in detail. 20

4. (a) What are the dimensions of wellbeing ? 5
(b) Briefly describe role of nervous system in emotions. 5
(c) Discuss the management of Emotions to enhance wellbeing 10
5. Explain the following terms : 4x5=20
(a) Subjective self awareness
(b) Objective self awareness
(c) Symbolic self awareness
(d) Identity
6. (a) With help of example, differentiate between 'Sex' and 'gender'. 6
(b) Discuss the role of sexuality as a basis for couple relationship. 7
(c) Describe the various issues that are related to sexuality among Indian couples. 7
7. With help of an example, discuss the interplay between mate selection, marital adjustment and maintenance of marriage. 20
8. (a) What is conflict resolution ? Explain conflict resolution process. 10
(b) Describe characteristics of family conflict. 10
9. With help of a case examples, discuss the role of resilience and adaptation in the family. 20
-

No. of Printed Pages : 2

MCFT-006

**MASTER OF SCIENCE IN COUNSELLING AND
FAMILY THERAPY**

Term-End Examination

June, 2017

MCFT-006 : APPLIED SOCIAL PSYCHOLOGY

Time : 3 hours

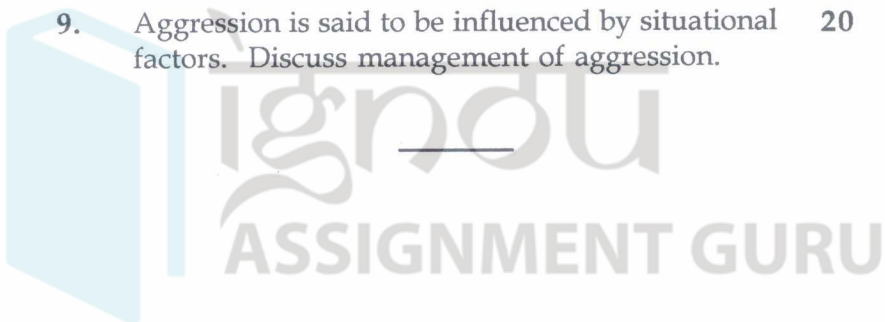
Maximum Marks : 100

Note : (i) Answer any five questions.

(ii) All questions carry equal marks.

1. Write short notes, in about 150 words each, on any four of the following : 4x5=20
 - (a) Trait persecutive of personality
 - (b) Symbolic self awareness
 - (c) Functions of emotions
 - (d) Conflict as problem solving
 - (e) Homosexuality
 - (f) Single parent
 - (g) Gonorrhoea
2. In the Indian scenario discuss the factors that influence divorce. 20
3. As a counsellor and family therapist how would you help an individual to understand his/her sexual identity and gender identity ? 20
4. What are the strategies for conflict resolution ? Explain with the help of examples. 20

5. With the help of examples, discuss how work life influences family life. 20
6. Gender and self development are critically linked. Justify this statement with the help of relevant examples. 20
7. As a counsellor and family therapist, what strategies would you suggest to an individual to promote well being ? Explain any four such strategies. 4x5=20
8. Discuss characteristics of adjustment. 20
9. Aggression is said to be influenced by situational factors. Discuss management of aggression. 20



www.ignouassignmentguru.com

No. of Printed Pages : 2

MCFT-006

**MASTER OF SCIENCE IN COUNSELLING AND
FAMILY THERAPY**

Term-End Examination

December, 2017

MCFT-006 : APPLIED SOCIAL PSYCHOLOGY

Time : 3 hours

Maximum Marks : 100

Note : (i) *Answer any five questions .*

(ii) *All Questions carry equal marks.*

1. Write short notes, in about 150 words each, on **any four** of the following : **4x5=20**
 - (a) Hindu views on marriage
 - (b) Co - parenting
 - (c) Forms of listening
 - (d) Avoidance - avoidance conflict
 - (e) Facial feedback hypothesis
 - (f) Types of Schemas
2. Explain ecological systems theory with the help of relevant examples. **20**
3. Discuss personal determinants of prosocial behaviour. **20**
4. Outline the development of self, keeping in view the influences of gender and culture. **20**
5. How would you use emotions for well - being in a client ? **20**

6. Suppose a couple with five years of married span and two children has come to meet you as a counsellor and family therapist to find solution to marital conflict between them. Discuss what could be the sources of conflict between them and how would you help them resolve conflict. 20
7. Briefly discuss the principles of non - verbal communication. 20
8. Discuss any five terms which help to describe sexual identity. 20
9. Describe how as a counsellor and family therapist you would help a couple who has decided to separate. 20

ignou

ASSIGNMENT GURU

www.ignouassignmentguru.com

No. of Printed Pages : 2

MCFT-006

**MASTER OF SCIENCE IN COUNSELLING AND
FAMILY THERAPY**

Term-End Examination

June, 2018

MCFT-006 : APPLIED SOCIAL PSYCHOLOGY

Time : 3 hours

Maximum Marks : 100

Note : (i) *Answer any five questions.*

(ii) *All questions carry equal marks.*

1. (a) Explain "Socialization." 5
(b) With the help of examples, describe how the various ecological systems of the Ecological Systems Theory influence the socialization of the child in a given culture. 15
2. Discuss the neo-analytic and ego aspects of personality and adjustment. 20
3. (a) What do you understand by self concept and self esteem ? 10
(b) Analyse Indian perspectives on self. Give examples to substantiate your answer. 10
4. Describe the ways by which cognitive restructuring strategies can help to promote well-being. 20

5. (a) Giving examples, distinguish between chronic conflicts and episodic conflicts in families. 10
- (b) Discuss any two strategies to resolve conflicts. 10
6. Discuss how one can work toward more effective communication. Substantiate your answer with examples. 20
7. "Power is an important factor in intimate relationships." Do you agree with this statement? Give reasons and examples to substantiate your answer. 20
8. Discuss the factors which influence marital adjustment and compatibility in a marital/couple relationship. Explain types of marital adjustment. 20
9. Write short notes in about 150 words each, on any four of the following : 5x4=20
- (a) Concept of *Karma*
 - (b) Cognitive Appraisal Theory of Emotions
 - (c) Resilience
 - (d) Conversational skills
 - (e) Sexual orientation
 - (f) Journal writing
-

No. of Printed Pages : 3

MCFT-006

**MASTER OF SCIENCE IN COUNSELLING
AND FAMILY THERAPY (MSCCFT)**

Term-End Examination

December, 2018

MCFT-006 : APPLIED SOCIAL PSYCHOLOGY

Time : 3 hours

Maximum Marks : 100

Note :

*Answer any **five** questions.*

All questions carry equal marks.

-
1. (a) Explain the meaning of the term
"Developmental Niche". 5
-
- (b) With the help of examples, describe how the
three major aspects of a culture, that
constitute the developmental niche,
influence the development of the child. 15
2. Discuss personality and adjustment from the
psychoanalytic perspective. Give examples to
substantiate your answer. 20

3. "Gender and self-development are critically linked." Justify this statement with the help of examples. 20
4. In the context of positive parenting, state your views on the following : 5×4=20
- (a) Individualistic and Collectivistic Worldviews
 - (b) Extending focus beyond the mother
 - (c) Adopting a developmental perspective
 - (d) The significant role of grandparents
5. In your view, how does divorce impact the couple, other family members and children ? 20
6. How does work life impact family life ? Explain, giving examples. 20
7. Describe the concept of 'sexual identity', and the changing societal views about the same. Also discuss any three misconceptions related to sexuality. 20
8. (a) Discuss areas of concern in intimate relationships. 10
- (b) In your view, does extramarital sexuality affect intimate relationships ? 10

9. Write short notes, in about 150 words each, on any **four** of the following : **4×5=20**

- (a) Explaining Aggression through Social Learning Theory
- (b) Self Efficacy
- (c) Family Adaptation
- (d) Johari Window
- (e) Cohabitation
- (f) Time Management

 **IGNOU**
ASSIGNMENT GURU

www.ignouassignmentguru.com

No. of Printed Pages : 3

MCFT-006

**MASTER OF SCIENCE IN COUNSELLING
AND FAMILY THERAPY (MSCCFT)**

Term-End Examination

01314

June, 2019

MCFT-006 : APPLIED SOCIAL PSYCHOLOGY

Time : 3 hours

Maximum Marks : 100

Note :

*Answer any **five** questions.*

All questions carry equal marks.

1. Why is it of value to study children across cultures ? Discuss cultural variations in socialization and child rearing practices with the help of relevant examples. 20

2. What is adjustment ? Discuss various areas of adjustment for an individual. Describe briefly any five characteristics of adjustment. 20

3. Define well-being. What are the different types of well-being ? Describe various aspects of psychological well-being. 20
4. What do you understand by positive parenting in our Indian context ? Discuss a few myths related to positive parenting. 20
5. What is family cohesion ? With the help of examples, describe barriers and challenges to family cohesion among Indian families. 20
6. "Non-verbal communication contributes a lot in conveying messages and meanings." Do you agree with this statement ? Explain various elements of non-verbal communication. 20
7. Differentiate between sex and gender. Discuss sexual development through the life cycle of an individual. 20
8. Discuss various intimate relationships in our modern Indian society. Describe points of concern in intimate relations. 20

9. Write short notes on any **four** of the following in about 150 words each : **4×5=20**

- (a) Singlehood
- (b) Remarriage
- (c) Communication Competence
- (d) Approach – Approach Conflict
- (e) Functions of Emotions
- (f) Aggressive Cues
- (g) Exosystem

 **IGNOU**
ASSIGNMENT GURU

www.ignouassignmentguru.com

1353102

No. of Printed Pages : 3

MCFT-006

**MASTER OF SCIENCE IN
COUNSELLING AND FAMILY
THERAPY**

(MSCCFT)

Term-End Examination

December, 2019

MCFT-006 : APPLIED SOCIAL PSYCHOLOGY

Time : 3 Hours

Maximum Marks : 100

Note : Attempt any five questions. All questions carry equal marks.

1. Define schemas. Explain different types of schemas. Discuss the impact of schemas on social cognition. Support your answer with relevant examples.

20

[2]

MCFT-006

2. Describe ecological systems theory. Discuss the application of this theory in the context of counselling and family therapy. 20
3. Explain meaning of emotions. With the help of examples. Critically analyse, how emotions and well-being are related. 20
4. What factors affect well-being ? Give examples to support your answer. Explain, how well-being can be promoted in adverse environment. 20
5. What are conflicts ? Discuss various types of conflicts and their effects on family cohesion. 20
6. Differentiate between verbal and non-verbal communication. Discuss the role of verbal and non-verbal communication in interpersonal communications. 20
7. Discuss the needs of reconstituted individuals in India. Support your answer with examples.

[3]

8. Discuss the factors which influence mate selection in India. Critically analyse the changes in mate selection. 20

9. Write short notes, in about 150 words each, on any *four* of the following : 4×5=20

- (a) Sexual orientation
- (b) Tips for anger management
- (c) Empathic listening
- (d) Avoidance-avoidance conflict
- (e) Cognitive restructuring
- (f) Self-efficacy
- (g) Event schemas

No. of Printed Pages : 3

MCFT-006

**MASTER OF SCIENCE IN
COUNSELLING AND FAMILY
THERAPY (MSCCFT)**

Term-End Examination

June, 2020

MCFT-006 : APPLIED SOCIAL PSYCHOLOGY

Time : 3 Hours

Maximum Marks : 100

Note : (i) Answer any five questions.

(ii) All questions carry equal marks.

1. Discuss cultural variations in socialization and child rearing practices. Support your answer with examples. 20

2. What are schemas ? Explain types of schemas. Discuss the impact of schemas on social cognition. 20

[2]

MCFT-006

3. With the help of examples, outline strategies for better management of emotions to enhance well-being. 20
4. Differentiate between parenting and positive parenting with the help of a case example, explain, how would you as a counsellor and family therapist enhance positive parenting in our Indian context, where multiple parenting caregivers are often evident. 20
5. Describe barriers and challenges to family cohesiveness. Support your answer with examples from your area. 20
6. What are the stages of marital conflict ? Describe the positive approaches that can be used for conflict management. 20
7. What is the distinction between the terms 'gender' and 'sex' ? Discuss the role of sexuality through the life cycle of an individual. 20
8. What do you understand by the term 'sexual orientation' ? Discuss the importance of understanding sexual orientation and gender identity. 20

[3]

9. Write short notes in about **150** words each, on any **four** of the following : 5 × 4 = 20

- (a) Autosexuality
- (b) Gay
- (c) Johari Window
- (d) Episodic conflicts
- (e) Depression
- (f) Prosocial behaviour

ignou
ASSIGNMENT GURU

www.ignouassignmentguru.com

No. of Printed Pages : 3

MCFT-006

**MASTER OF SCIENCE IN
COUNSELLING AND FAMILY
THERAPY (MSCCFT)
Term-End Examination
December, 2020**

MCFT-006 : APPLIED SOCIAL PSYCHOLOGY

Time : 3 Hours

Maximum Marks : 100

Note : Attempt any *five* questions. All questions carry equal marks.

1. What is social cognition ? Explain domains of social cognition. Discuss any *one* goal of social cognition. 20
2. Discuss the features of Indian socialization. Given the increased display of aggression in the society how can socialization help to improve the situation. Give examples to support your answer. 20

[2]

MCFT-006

3. What do you understand by the term 'self' ? List any *five* terms associated with 'self'. Explain in detail five layers of the Indian self. 20
4. What role do emotions play in the well being of an individual ? Give examples to support your answer. 20
5. "Work life has an impact on family life." Do you agree with this statement ? Give reasons along with supportive examples to justify your answer. 20
6. Differentiate between verbal and non-verbal communication. Describe elements of non-verbal communication in detail. 20
7. Discuss the societal attitude towards sexuality with particular examples from your community. Describe the myths and misconceptions related to sexuality. 20
8. Define 'marriage'. What factors would you advice a client to consider while doing mate selection ? 20

[3]

9. Write short notes (in about **150** words each) on any *four* of the following : 5×4=20

- (a) Cohabitation
- (b) Psychosomatic
- (c) Straight
- (d) School adjustment
- (e) Priming
- (f) Plutchik's wheel of emotions



www.ignouassignmentguru.com