

No. of Printed Pages : 2

MME-201

**POST GRADUATE DIPLOMA IN MATERNAL
AND CHILD HEALTH**

Term-End Examination

June, 2011

MME-201 : PREVENTIVE MCH

Time : 3 hours

Maximum Marks : 70

Note : Attempt all the questions.

1. Describe various levels of prevention. Give three examples each for application of these levels of prevention to maternal health care and child health Care.

6+6=12

2. What is the package of services under RCH Programme ? Discuss various strategies under RCH Programme.

6+6=12

3. Enumerate elements of Communication process. How will you plan a communication for RCH Programme ?

6+6=12

4. Write short notes on the following : **6+6+6+6=24**
- (a) Essential obstetric care
 - (b) Disposal of contaminated biomedical solid wastes
 - (c) Random sampling
 - (d) Social marketing
5. Describe in brief the following : **5+5=10**
- (a) Problem solving in management
 - (b) M T P Act



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MME-201

00130

POST GRADUATE DIPLOMA IN MATERNAL AND CHILD HEALTH

Term-End Examination

December, 2011

MME-201 : PREVENTIVE MCH

Time : 3 hours

Maximum Marks : 70

Note : Attempt all the questions.

1. Describe the objectives and targets under NRHM.
Enumerate the strategies under NRHM. **6+6=12**
2. Enumerate elements of counselling. Describe
counselling for IUD contraception. **6+6=12**
3. Describe steps in investigation of an outbreak of
measles in a Primary Health Centre area. **12**
4. Write short notes on the following : **6+6+6+6=24**
 - (a) Indicators of antenatal care
 - (b) Disposal of waste sharps
 - (c) Community Needs Assessment and Monitoring
 - (d) Organisational set up for MCH care from village to block level.

5. Describe in brief the following :

5+5=10

- (a) ABC analysis of drugs
 - (b) Methods of supervision
-



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MME-201

**POST GRADUATE DIPLOMA IN MATERNAL
AND CHILD HEALTH**

Term-End Examination

June, 2012

MME-201 : PREVENTIVE MCH

Time : 3 hours

Maximum Marks : 70

Note : *Attempt all questions.*

1. Explain the special nutritional requirements during pregnancy and lactation. How would you plan a health promotional intervention for the newly married couples in an urban slum ? **6+6=12**

2. What makes measles an eradicable disease ?
What components would you strengthen in the existing health care system to achieve measles eradication ? **6+6=12**

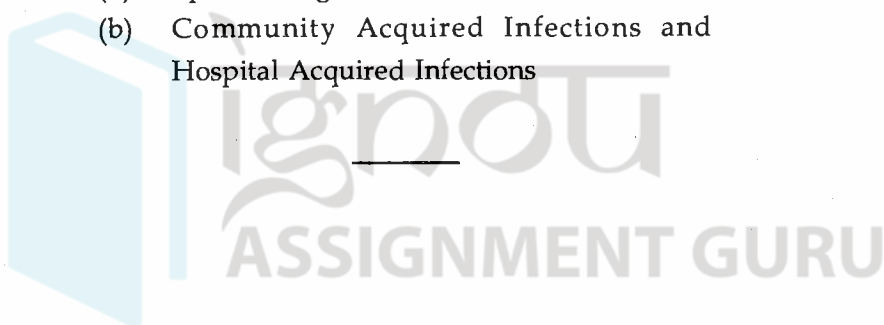
3. Summarize the components of Resource Management. Illustrate the budgeting process in health. **6+6=12**

4. Write short notes on : 6 each 6+6+6+6=24

- (a) Post Exposure Prophylaxis against HIV/AIDS.
- (b) Counselling for Exclusive Breast Feeding
- (c) Disposal of Injection Related Waste in a Private Clinic.
- (d) Medical Termination of Pregnancy Act

5. Differentiate between : 5 each 5+5=10

- (a) Epidemiological Bias and Random Error
- (b) Community Acquired Infections and Hospital Acquired Infections



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MME-201

00134

POST GRADUATE DIPLOMA IN MATERNAL AND CHILD HEALTH

Term-End Examination

December, 2012

MME - 201 : PREVENTIVE MCH

Time : 3 hours

Maximum Marks : 70

Note : Attempt all questions.

1. (a) Describe the Janani Surksha Yojana. **6+6=12**
(b) Discuss the role and responsibilities of ASHA in NRHM.

2. Why the adolescents are considered as a risk group ? Explain the causes, effects and prevention of violence among adolescents. **6+6=12**

3. Illustrate the elements of communication process. Suggest communication strategies to reduce social resistance against pulse polio campaigns in certain pockets. **6+6=12**

4. Write short notes on : 6+6+6+6=24
- (a) Hepatitis B Vaccine.
 - (b) Implications of Consumers Protection Act on Health services
 - (c) Leadership and Team building
 - (d) Monitoring of Family Welfare Services
5. Differentiate between : 5+5=10
- (a) Health Promotion and Specific Protection
 - (b) Observational and Intervention studies



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MME-201

**POST GRADUATE DIPLOMA IN MATERNAL
AND CHILD HEALTH**

Term-End Examination

June, 2013

MME - 201 : PREVENTIVE MCH

Time : 3 hours

Maximum Marks : 70

*Note : Attempt **all** the questions.*

1. Discuss giving suitable examples, socio-cultural factors affecting maternal health in India. **12**
2. What are Indian Public Health Standards (IPHS)? What are the objectives of IPHS? Discuss various provisions under IPHS at various levels. **2+2+8=12**
3. What is social marketing? What are the objectives of social marketing programme in MCH care ? **4+8=12**
4. Write short notes on the following : **6+6+6+6=24**
 - (a) Baby Friendly Hospital Initiative (BFHI)
 - (b) Standard Precautions and bio-medical waste management in an immunization clinic.
 - (c) Pre-test counselling for HIV testing
 - (d) Focus Group Discussion.

5. Describe in brief the following : 5+5=10

- (a) Prepathogenic phase with reference to diarrhoea in children under five years age
 - (b) Primary prevention in MCH care
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MME-201

00593

**POST GRADUATE DIPLOMA IN MATERNAL
AND CHILD HEALTH**

Term-End Examination

December, 2013

MME - 201 : PREVENTIVE MCH

Time : 3 hours

Maximum Marks : 70

Note : Attempt all the questions.

1. What is the current status of poliomyelitis in India ? Discuss various polio eradication strategies. 2+10=12
2. How will you investigate and control an out break of jaundice in a PHC area ? 12
3. Enumerate components of material management. Describe in detail inventory management of materials. 4+8=12
4. (a) Janani Suraksha Yojana 6+6+6+6=24
(b) Stratified Random Sampling
(c) Preparation of sub-centre action plan for Reproductive and child Health (RCH) Programme
(d) Effect indicators of antenatal care
5. Discuss the following in brief, giving suitable examples. 5+5=10
 - (a) Case control studies
 - (b) Validity of a screening test

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MME-201

PGDMCH
Term-End Examination
June, 2014

MME-201 : PREVENTIVE MCH

Time : 3 hours

Maximum Marks : 70

Note : Attempt all questions.

1. What would be the challenges during post-eradication phase of Polio? How should we prepare for them? **6+6=12**
2. Why the adolescents need to be treated as a special group? What type of services would you require to address the problem of unsafe sex among adolescents? **6+6=12**
3. (a) Describe MCH situation in India as per census 2011. **6+6=12**
(b) Discuss primary prevention in M.C.H.
4. Write short notes on : **6x4=24**
 - (1) Management of overcrowding in outpatients
 - (2) How do you prepare and administer the BCG vaccine?
 - (3) Constraints to team building
 - (4) Janani Suraksha Yojana
5. Differentiate between: **5+5=10**
 - (1) Common source and Propagated epidemics
 - (2) Stratified Random Sampling and Systematic Random Sampling

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MME-201

POST GRADUATE DIPLOMA IN MATERNAL AND CHILD HEALTH

Term-End Examination

December, 2014

MME - 201 : PREVENTIVE MCH

Time : 3 hours

Maximum Marks : 70

Note : Attempt all questions.

1. Enumerate various types of epidemiological studies. Discuss any one of the analytical studies with application to maternal or newborn health. 4+8=12
2. Enumerate elements of communication process. Discuss in details various elements of communication process. 2+10=12
3. What is supervision ? Describe various methods of supervision you will apply on RCH work at subcentres. 2+10=12
4. Write short notes on the following : 6+6+6+6=24
 - (a) Secondary prevention in anaemia among women
 - (b) Socio-cultural determinants of infant mortality in India
 - (c) RCH approach as per International Conference on Population Development
 - (d) Infant Milk Substitutes (IMS), Feeding bottles and infant foods (Regulation of Production, Supply and Distribution) Act, 1992.

5. Describe in brief : **5+5=10**
- (a) Janani Suraksha Yojana (JSY)
 - (b) Hepatitis B Vaccine.
-



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MME-201

**POST GRADUATE DIPLOMA IN MATERNAL
AND CHILD HEALTH**

Term-End Examination

June, 2015

MME - 201 : PREVENTIVE MCH

Time : 3 hours

Maximum Marks : 70

Note : Attempt all questions.

1. What are the goals and objectives of Mother and Child(MCH) care ? Write in detail about the mother and child care package. 2+10=12
2. (a) What are the provisions under Indian Public Health standards at various levels of health care ? 6+6=12
(b) Counselling for HIV testing.
3. What is the current status of Tetanus in India ? Discuss the various aspects of prevention and control of tetanus. 2+10=12
4. (a) Management of pregnant adolescent 6
(b) Nutrition policy instruments 6
(c) Provision of child rights in India 6
(d) Socio cultural determinants of child health 6
5. Discuss the following in brief, giving suitable examples.
(a) Monitoring and evaluation of ICDS 5
(b) Epidemiological surveillance 5



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MME-201**POST GRADUATE DIPLOMA IN MATERNAL
AND CHILD HEALTH****Term-End Examination****December, 2015****MME-201 : PREVENTIVE MCH***Time : 3 hours**Maximum Marks : 70**Note : Attempt all questions.*

1. Define biomedical waste. What are the principles of managing different categories of biomedical waste ? **2+10=12**
2. What are the epidemiological features of hepatitis B ? How will you prevent and control the disease in an urban slum population ? **4+8=12**
3. Write in detail about the Adolescent Friendly Health Services (AFHS). **12**
4.
 - (a) Role of international organisations in providing MCH care services in India. **6**
 - (b) Current Scenario and policy perspectives of National Health Policy. **6**
 - (c) Role of MIS in planning and monitoring MCH programme. **6**
 - (d) Services under ICDS scheme. **6**
5. Discuss the following in brief, giving suitable examples :
 - (a) Sampling and its method. **5**
 - (b) Levels of prevention with respect to MCH care. **5**

00731

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MME-201

**POST GRADUATE DIPLOMA IN MATERNAL
AND CHILD HEALTH (PGDMCH)**

Term-End Examination

June, 2016

01177

MME-201 : PREVENTIVE MCH

Time : 3 hours

Maximum Marks : 70

Note : Attempt all questions.

1. Enumerate the indicators of child health. What is the current status of child health in India ? Describe the strategies to reduce under-five mortality in India. 2+2+8=12
2. Describe the health hazards of various types of biomedical wastes. What steps are to be undertaken to ensure safety of health workers ? 6+6=12
3. Enumerate the legislations that are relevant to women. Describe the National Policy on Empowerment of Women. 4+8=12

4. Write short notes on the following : 6+6+6+6=24

- (a) At risk concept in pregnancy management
- (b) Barriers to utilization of existing health services by adolescents
- (c) Community Needs Assessment and Monitoring Approach (CNAMA)
- (d) Monitoring and Evaluation in Integrated Child Development Services (ICDS)

5. Describe the following in brief : 5+5=10

- (a) Village Health and Nutrition Day
- (b) Counselling for Contraception

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MME-201

**POST GRADUATE DIPLOMA IN MATERNAL
AND CHILD HEALTH (PGDMCH)**

Term-End Examination

00253

December, 2016

MME-201 : PREVENTIVE MCH

Time : 3 hours

Maximum Marks : 70

Note : Attempt *all* questions.

1. What are the epidemiological features that make measles a candidate for eradication ? Suggest vaccination and other strategies to achieve measles eradication. 6+6
2. Enumerate the components of Reproductive and Child Health Services. How can these services be integrated with primary health care in India ? 6+6
3. What are the elements of communication process ? Suggest the communication strategies to promote Adolescent Health. 6+6

4. Write short notes on the following : 4×6

- (a) Adverse Events Following Immunisation (AEFI)
- (b) Protection of Children from Sexual Offences Act (POCSO)
- (c) Leadership Styles
- (d) Monitoring of Family Welfare Services

5. Write briefly on the following : 2×5

- (a) Tertiary Level of Prevention
- (b) Case Control Studies

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MME-201

**POST GRADUATE DIPLOMA IN MATERNAL
AND CHILD HEALTH**

Term-End Examination

June, 2017

MME-201 : PREVENTIVE MCH

Time : 3 hours

Maximum Marks : 70

Note : Attempt all questions.

1. Differentiate between the clinical presentation of measles and chicken pox. What newer vaccines you can offer to your client outside the National Immunisation Schedule ? 6+6
2. "Neonates need to be treated as a special group." - Justify. Explain the components of Essential Newborn care. 6+6
3. What are the components of Resource Management ? Write briefly on budgeting process in health. 6+6
4. Write short notes on : 6x4
 - (a) Waste generated in a vaccination clinic and its disposal process.
 - (b) Sensitivity and Specificity of a screening test.
 - (c) Community Acquired Infections and Hospital Acquired Infections.
 - (d) Post Exposure Prophylaxis against HIV.
5. Write briefly on : 5x2
 - (a) Counseling for Exclusive Breast Feeding
 - (b) Pre-Conception and Pre-Natal Diagnostic Techniques (PCPNDT) Act

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MME-201

00421

**POST GRADUATE DIPLOMA IN MATERNAL
AND CHILD HEALTH**

Term-End Examination

December, 2017

MME-201 : PREVENTIVE MCH

Time : 3 hours

Maximum Marks : 70

Note : Attempt all questions.

1. Outline the special nutritional requirements during adolescence. What components of services would you consider while planning healthcare interventions for the peri-menopausal women in an urban slum ? 6+6=12
2. How do you store and transport measles vaccine ? What steps would you take while investigating an outbreak of measles ? 6+6=12
3. Define counselling. Enumerate various elements of counselling. Describe various skills for counselling. 2+5+5=12

4. Write short notes on : **6+6+6+6=24**
- (a) Medical Termination of Pregnancy Act
 - (b) Total Quality Management
 - (c) Injection related waste disposal in outreach immunization sessions
 - (d) Fertility indicators
5. Differentiate between : **5+5=10**
- (a) Incubation Period and Window Period
 - (b) Relative Risk and Attributable Risk



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MME-201

00902

**POST GRADUATE DIPLOMA IN MATERNAL
AND CHILD HEALTH**

Term-End Examination

June, 2018

MME-201 : PREVENTIVE MCH

Time : 3 hours

Maximum Marks : 70

Note : Attempt all questions.

1. Discuss the components of Reproductive and Child Health Program and critically comment on population stabilization strategy of government of India. **12**
2. Discuss Counselling Skills. What is the counselling model for HIV/AIDS ? **4+8**
3. What are the global initiatives for improving the status of women ? Describe the steps taken for empowerment of women in India. **6+6**
4. Short Notes on :
 - (a) At risk concept for MCH **6**
 - (b) Integrated Management of Neonatal and Childhood Illness **6**
 - (c) MMR Vaccine **6**
 - (d) Prevention of pregnancy in adolescents **6**

5. Discuss the following in brief, give suitable examples where relevant.
- | | |
|--|---|
| (a) Preventive measures for tuberculosis | 5 |
| (b) Information needs of adolescent | 5 |
-



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MME-201

**POST GRADUATE DIPLOMA IN MATERNAL
AND CHILD HEALTH (PGDMCH)**

Term-End Examination

December, 2018

00795

MME-201 : PREVENTIVE MCH

Time : 3 hours

Maximum Marks : 70

Note : Attempt *all* questions.

1. Discuss the socio-cultural determinants of maternal and child health. 6+6
2. Discuss how to investigate an outbreak of diarrhoea in a village. 12
3. What are the common substances of abuse in adolescents ? Describe the assessment and treatment options in a case of substance abuse. 4+8

4. Write short notes on the following : $4 \times 6 = 24$

- (a) Final treatment options in Biomedical Waste Management
- (b) Role of NGOs in providing MCH
- (c) Self-Help Group for Women Empowerment
- (d) The Consumer Protection Act

5. Discuss the following in brief, giving suitable examples where relevant : $2 \times 5 = 10$

- (a) Primordial Prevention
- (b) Social Marketing

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MME-201/301

**POST GRADUATE DIPLOMA IN MATERNAL
AND CHILD HEALTH (PGDMCH)**

Term-End Examination

June, 2019

00953

MME-201/301 : PREVENTIVE MCH

Time : 3 hours

Maximum Marks : 70

Note : Attempt *all* questions.

1. Discuss the package of services under the Reproductive and Child Health programme. Describe the various strategies under this process. 6+6=12

2. How do you conduct "Nutritional Assessment" of an adolescent ? Explain the causes, effects and prevention of eating disorders in adolescence. 6+6=12

3. What is social marketing ? What are the objectives of social marketing in MCH care ? 6+6=12

4. Write short notes on the following : 4×6=24

- (a) Focus Group Discussion
- (b) Pretest Counselling for HIV
- (c) Disposal of Biomedical Waste (Sharps)
- (d) General Fertility Rate (GFR) and Total Fertility Rate (TFR)

5. Discuss the following in brief, giving suitable examples : 2×5=10

- (a) Case Control Studies
- (b) Validity of a Screening Test

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MME-201/301

POST GRADUATE DIPLOMA IN MATERNAL AND CHILD HEALTH
(PGDMCH)

Term-End Examination

December, 2019

MME-201/301 : PREVENTIVE MCH

Time : 3 hours

Maximum Marks : 70

Note : Attempt all questions.

1. (a) Discuss the role and responsibilities of ASHA in NRHM programme. 6+6=12
(b) Discuss the Janani Suraksha Yojana.
2. Why do the adolescents need to be treated as a special group ? Explain the management of a pregnant adolescent. 6+6=12
3. Enumerate the elements of counselling. How will you counsel a women for Intra Uterine device as a Family Planning Method ? 6+6=12
4. Write short notes on : 4x6=24
 - (a) Hepatitis B vaccine
 - (b) Cold Chain
 - (c) Community needs Assessment and Monitoring
 - (d) MTP Act
5. Comment briefly on : 5x2=10
 - (a) Measures of central tendency
 - (b) ABC analysis of drugs

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**POST GRADUATE DIPLOMA IN
MATERNAL AND CHILD HEALTH
(PGDMCH)**

Term-End Examination

June, 2020

MME-201/MME-301 : PREVENTIVE MCH

Time : 3 Hours

Maximum Marks : 70

Note : Attempt all questions.

-
-
1. Explain the facilities and projects under RCH programme. 12
2. What are the elements of communication process ? How is the evaluation of communication process carried out ? 6+6=12
3. What are the non-burn technologies for the management of bio-medical waste ? Explain the methods of disposal of this waste. 6+6=12

[2]

4. Write short notes on the following : 6 each

- (a) At risk concept of MCH
- (b) Socio-cultural determinants of nutrition
- (c) Community health workers scheme
- (d) National immunization schedule for children

5. Differentiate between the following : 5 each

- (a) Screening and surveillance
- (b) Safe and unsafe abortions

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No. of Printed Pages : 2 **MME-201/301**

**POST GRADUATE DIPLOMA IN
MATERNAL AND CHILD HEALTH**

(PGDMCH)

Term-End Examination

December, 2020

MME-201/301 : PREVENTIVE MCH

Time : 3 Hours

Maximum Marks : 70

Note : Attempt all questions. Answer to Q. No. 1, 2 and 3 to be written within 1200 words each. Q. No. 4 in 1000 words and Q. No. 5 to be written within 500 words each.

1. Discuss various socio-cultural determinants of Maternal Health. Mention few steps to reduce maternal mortality rate in India. 6+6=12
2. Discuss various health services needed by adolescents. Mention the characteristics of Adolescent Friendly Health Services (AFHS).

6+6=12

[2]

3. Define an outbreak. Prepare a plan of investigation of a measles outbreak in a group of villages. 6+6=12
4. What do you understand by selective inventory control ? Discuss the role of ABC and VED analysis in it. 5+5=10
5. Write short notes on the following : 4×6=24
- (a) Verbal and non-verbal communication
 - (b) Target free approach
 - (c) Disposal of Biomedical waste
 - (d) National immunization schedule

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