

No. of Printed Pages : 2

**MME-201**

**POST GRADUATE DIPLOMA IN MATERNAL  
AND CHILD HEALTH**

**Term-End Examination**

**June, 2011**

**MME-201 : PREVENTIVE MCH**

*Time : 3 hours*

*Maximum Marks : 70*

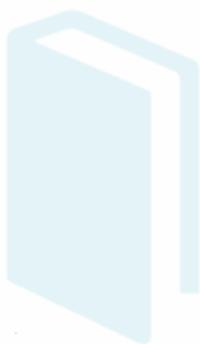
*Note : Attempt all the questions.*

1. Describe various levels of prevention. Give three examples each for application of these levels of prevention to maternal health care and child health Care. **6+6=12**

2. What is the package of services under RCH Programme ? Discuss various strategies under RCH Programme. **6+6=12**

3. Enumerate elements of Communication process. How will you plan a communication for RCH Programme ? **6+6=12**

4. Write short notes on the following : **6+6+6+6=24**
- (a) Essential obstetric care
  - (b) Disposal of contaminated biomedical solid wastes
  - (c) Random sampling
  - (d) Social marketing
5. Describe in brief the following : **5+5=10**
- (a) Problem solving in management
  - (b) M T P Act



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MME-201

00130

**POST GRADUATE DIPLOMA IN MATERNAL  
AND CHILD HEALTH**

**Term-End Examination**

**December, 2011**

**MME-201 : PREVENTIVE MCH**

*Time : 3 hours*

*Maximum Marks : 70*

*Note : Attempt all the questions.*

1. Describe the objectives and targets under NRHM.  
Enumerate the strategies under NRHM. **6+6=12**
2. Enumerate elements of counselling. Describe  
counselling for IUD contraception. **6+6=12**
3. Describe steps in investigation of an outbreak of  
measles in a Primary Health Centre area. **12**
4. Write short notes on the following : **6+6+6+6=24**
  - (a) Indicators of antenatal care
  - (b) Disposal of waste sharps
  - (c) Community Needs Assessment and  
Monitoring
  - (d) Organisational set up for MCH care from  
village to block level.

5. Describe in brief the following : 5+5=10
- (a) ABC analysis of drugs
  - (b) Methods of supervision
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00525

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MME-201

**POST GRADUATE DIPLOMA IN MATERNAL  
AND CHILD HEALTH**

**Term-End Examination**

**June, 2012**

**MME-201 : PREVENTIVE MCH**

*Time : 3 hours*

*Maximum Marks : 70*

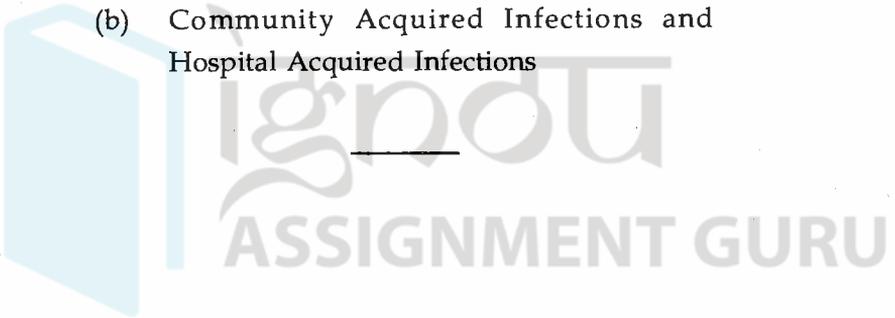
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*Note : Attempt all questions.*

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1. Explain the special nutritional requirements during pregnancy and lactation. How would you plan a health promotional intervention for the newly married couples in an urban slum ? **6+6=12**
2. What makes measles an eradicable disease ? What components would you strengthen in the existing health care system to achieve measles eradication ? **6+6=12**
3. Summarize the components of Resource Management. Illustrate the budgeting process in health. **6+6=12**

4. Write short notes on : 6 each 6+6+6+6=24
- (a) Post Exposure Prophylaxis against HIV/AIDS.
  - (b) Counselling for Exclusive Breast Feeding
  - (c) Disposal of Injection Related Waste in a Private Clinic.
  - (d) Medical Termination of Pregnancy Act
5. Differentiate between : 5 each 5+5=10
- (a) Epidemiological Bias and Random Error
  - (b) Community Acquired Infections and Hospital Acquired Infections



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MME-201

00134

**POST GRADUATE DIPLOMA IN MATERNAL  
AND CHILD HEALTH**

**Term-End Examination**

**December, 2012**

**MME - 201 : PREVENTIVE MCH**

*Time : 3 hours*

*Maximum Marks : 70*

*Note : Attempt all questions.*

1. (a) Describe the Janani Surksha Yojana. **6+6=12**  
(b) Discuss the role and responsibilities of ASHA in NRHM.

2. Why the adolescents are considered as a risk group ? Explain the causes, effects and prevention of violence among adolescents. **6+6=12**

3. Illustrate the elements of communication process. Suggest communication strategies to reduce social resistance against pulse polio campaigns in certain pockets. **6+6=12**

4. Write short notes on : **6+6+6+6=24**
- (a) Hepatitis B Vaccine.
  - (b) Implications of Consumers Protection Act on Health services
  - (c) Leadership and Team building
  - (d) Monitoring of Family Welfare Services
5. Differentiate between : **5+5=10**
- (a) Health Promotion and Specific Protection
  - (b) Observational and Intervention studies



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MME-201

01106

**POST GRADUATE DIPLOMA IN MATERNAL  
AND CHILD HEALTH**

**Term-End Examination**

**June, 2013**

**MME - 201 : PREVENTIVE MCH**

*Time : 3 hours*

*Maximum Marks : 70*

**Note :** Attempt *all* the questions.

1. Discuss giving suitable examples, socio-cultural factors affecting maternal health in India. **12**
2. What are Indian Public Health Standards (IPHS)? What are the objectives of IPHS? Discuss various provisions under IPHS at various levels. **2+2+8=12**
3. What is social marketing? What are the objectives of social marketing programme in MCH care ? **4+8=12**
4. Write short notes on the following : **6+6+6+6=24**
  - (a) Baby Friendly Hospital Initiative (BFHI)
  - (b) Standard Precautions and bio-medical waste management in an immunization clinic.
  - (c) Pre-test counselling for HIV testing
  - (d) Focus Group Discussion.

5. Describe in brief the following : 5+5=10
- (a) Prepathogenic phase with reference to diarrhoea in children under five years age
  - (b) Primary prevention in MCH care
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MME-201

00593

**POST GRADUATE DIPLOMA IN MATERNAL  
AND CHILD HEALTH**

**Term-End Examination**

**December, 2013**

**MME - 201 : PREVENTIVE MCH**

*Time : 3 hours*

*Maximum Marks : 70*

*Note : Attempt all the questions.*

1. What is the current status of poliomyelitis in India ? Discuss various polio eradication strategies. 2+10=12
2. How will you investigate and control an out break of jaundice in a PHC area ? 12
3. Enumerate components of material management. Describe in detail inventory management of materials. 4+8=12
4. (a) Janani Suraksha Yojana 6+6+6+6=24  
(b) Stratified Random Sampling  
(c) Preparation of sub-centre action plan for Reproductive and child Health (RCH) Programme  
(d) Effect indicators of antenatal care
5. Discuss the following in brief, giving suitable examples. 5+5=10
  - (a) Case control studies
  - (b) Validity of a screening test

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00583

MME-201

PGDMCH

Term-End Examination

June, 2014

MME-201 : PREVENTIVE MCH

Time : 3 hours

Maximum Marks : 70

*Note : Attempt all questions.*

1. What would be the challenges during post-eradication phase of Polio? How should we prepare for them? **6+6=12**
2. Why the adolescents need to be treated as a special group? What type of services would you require to address the problem of unsafe sex among adolescents? **6+6=12**
3. (a) Describe MCH situation in India as per census 2011. **6+6=12**  
(b) Discuss primary prevention in M.C.H.
4. Write short notes on : **6x4=24**
  - (1) Management of overcrowding in outpatients
  - (2) How do you prepare and administer the BCG vaccine?
  - (3) Constraints to team building
  - (4) Janani Suraksha Yojana
5. Differentiate between: **5+5=10**
  - (1) Common source and Propagated epidemics
  - (2) Stratified Random Sampling and Systematic Random Sampling

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MME-201

**POST GRADUATE DIPLOMA IN MATERNAL  
AND CHILD HEALTH**

**Term-End Examination**

**December, 2014**

**MME - 201 : PREVENTIVE MCH**

*Time : 3 hours*

*Maximum Marks : 70*

*Note : Attempt all questions.*

1. Enumerate various types of epidemiological studies. Discuss any one of the analytical studies with application to maternal or newborn health. 4+8=12
2. Enumerate elements of communication process. Discuss in details various elements of communication process. 2+10=12
3. What is supervision ? Describe various methods of supervision you will apply on RCH work at subcentres. 2+10=12
4. Write short notes on the following : 6+6+6+6=24
  - (a) Secondary prevention in anaemia among women
  - (b) Socio-cultural determinants of infant mortality in India
  - (c) RCH approach as per International Conference on Population Development
  - (d) Infant Milk Substitutes (IMS), Feeding bottles and infant foods (Regulation of Production, Supply and Distribution) Act, 1992.

5. Describe in brief : **5+5=10**
- (a) Janani Suraksha Yojana (JSY)
  - (b) Hepatitis B Vaccine.
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**MME-201**

**POST GRADUATE DIPLOMA IN MATERNAL  
AND CHILD HEALTH**

**Term-End Examination**

**June, 2015**

**MME - 201 : PREVENTIVE MCH**

*Time : 3 hours*

*Maximum Marks : 70*

*Note : Attempt all questions.*

1. What are the goals and objectives of Mother and Child(MCH) care ? Write in detail about the mother and child care package. **2+10=12**
  
2. (a) What are the provisions under Indian Public Health standards at various levels of health care ? **6+6=12**  
(b) Counselling for HIV testing.
  
3. What is the current status of Tetanus in India ? Discuss the various aspects of prevention and control of tetanus. **2+10=12**
  
4. (a) Management of pregnant adolescent **6**  
(b) Nutrition policy instruments **6**  
(c) Provision of child rights in India **6**  
(d) Socio cultural determinants of child health **6**
  
5. Discuss the following in brief, giving suitable examples.  
(a) Monitoring and evaluation of ICDS **5**  
(b) Epidemiological surveillance **5**



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**MME-201**

**POST GRADUATE DIPLOMA IN MATERNAL  
AND CHILD HEALTH**

**Term-End Examination**

**December, 2015**

**MME-201 : PREVENTIVE MCH**

*Time : 3 hours*

*Maximum Marks : 70*

*Note : Attempt all questions.*

1. Define biomedical waste. What are the principles of managing different categories of biomedical waste ? **2+10=12**
2. What are the epidemiological features of hepatitis B ? How will you prevent and control the disease in an urban slum population ? **4+8=12**
3. Write in detail about the Adolescent Friendly Health Services (AFHS). **12**
4. (a) Role of international organisations in providing MCH care services in India. **6**  
(b) Current Scenario and policy perspectives of National Health Policy. **6**  
(c) Role of MIS in planning and monitoring MCH programme. **6**  
(d) Services under ICDS scheme. **6**
5. Discuss the following in brief, giving suitable examples :  
(a) Sampling and its method. **5**  
(b) Levels of prevention with respect to MCH care. **5**

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**MME-201**

**POST GRADUATE DIPLOMA IN MATERNAL  
AND CHILD HEALTH (PGDMCH)**

**Term-End Examination**

**June, 2016**

01177

**MME-201 : PREVENTIVE MCH**

*Time : 3 hours*

*Maximum Marks : 70*

**Note : Attempt all questions.**

1. Enumerate the indicators of child health. What is the current status of child health in India ? Describe the strategies to reduce under-five mortality in India.  $2+2+8=12$
2. Describe the health hazards of various types of biomedical wastes. What steps are to be undertaken to ensure safety of health workers ?  $6+6=12$
3. Enumerate the legislations that are relevant to women. Describe the National Policy on Empowerment of Women.  $4+8=12$

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1

P.T.O.

4. Write short notes on the following :  $6+6+6+6=24$

- (a) At risk concept in pregnancy management
- (b) Barriers to utilization of existing health services by adolescents
- (c) Community Needs Assessment and Monitoring Approach (CNAMA)
- (d) Monitoring and Evaluation in Integrated Child Development Services (ICDS)

5. Describe the following in brief :  $5+5=10$

- (a) Village Health and Nutrition Day
- (b) Counselling for Contraception

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**MME-201**

**POST GRADUATE DIPLOMA IN MATERNAL  
AND CHILD HEALTH (PGDMCH)**

**Term-End Examination**

00253

**December, 2016**

**MME-201 : PREVENTIVE MCH**

*Time : 3 hours*

*Maximum Marks : 70*

*Note : Attempt all questions.*

1. What are the epidemiological features that make measles a candidate for eradication ? Suggest vaccination and other strategies to achieve measles eradication. 6+6
2. Enumerate the components of Reproductive and Child Health Services. How can these services be integrated with primary health care in India ? 6+6
3. What are the elements of communication process ? Suggest the communication strategies to promote Adolescent Health. 6+6

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1

P.T.O.

4. Write short notes on the following : 4×6

- (a) Adverse Events Following Immunisation (AEFI)
- (b) Protection of Children from Sexual Offences Act (POCSO)
- (c) Leadership Styles
- (d) Monitoring of Family Welfare Services

5. Write briefly on the following : 2×5

- (a) Tertiary Level of Prevention
- (b) Case Control Studies

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MME-201

01444

**POST GRADUATE DIPLOMA IN MATERNAL  
AND CHILD HEALTH**

**Term-End Examination**

**June, 2017**

**MME-201 : PREVENTIVE MCH**

*Time : 3 hours*

*Maximum Marks : 70*

*Note : Attempt all questions.*

1. Differentiate between the clinical presentation of measles and chicken pox. What newer vaccines you can offer to your client outside the National Immunisation Schedule ? 6+6
2. "Neonates need to be treated as a special group." - Justify. Explain the components of Essential Newborn care. 6+6
3. What are the components of Resource Management ? Write briefly on budgeting process in health. 6+6
4. Write short notes on : 6x4
  - (a) Waste generated in a vaccination clinic and its disposal process.
  - (b) Sensitivity and Specificity of a screening test.
  - (c) Community Acquired Infections and Hospital Acquired Infections.
  - (d) Post Exposure Prophylaxis against HIV.
5. Write briefly on : 5x2
  - (a) Counseling for Exclusive Breast Feeding
  - (b) Pre-Conception and Pre-Natal Diagnostic Techniques (PCPNDT) Act

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**MME-201**

00421

**POST GRADUATE DIPLOMA IN MATERNAL  
AND CHILD HEALTH**

**Term-End Examination**

**December, 2017**

**MME-201 : PREVENTIVE MCH**

*Time : 3 hours*

*Maximum Marks : 70*

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*Note : Attempt all questions.*

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1. Outline the special nutritional requirements during adolescence. What components of services would you consider while planning healthcare interventions for the peri-menopausal women in an urban slum ? **6+6=12**
2. How do you store and transport measles vaccine ? What steps would you take while investigating an outbreak of measles ? **6+6=12**
3. Define counselling. Enumerate various elements of counselling. Describe various skills for counselling. **2+5+5=12**

4. Write short notes on : **6+6+6+6=24**
- (a) Medical Termination of Pregnancy Act
  - (b) Total Quality Management
  - (c) Injection related waste disposal in outreach immunization sessions
  - (d) Fertility indicators
5. Differentiate between : **5+5=10**
- (a) Incubation Period and Window Period
  - (b) Relative Risk and Attributable Risk



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MME-201

00902

**POST GRADUATE DIPLOMA IN MATERNAL  
AND CHILD HEALTH**

**Term-End Examination**

**June, 2018**

**MME-201 : PREVENTIVE MCH**

*Time : 3 hours*

*Maximum Marks : 70*

*Note : Attempt all questions.*

1. Discuss the components of Reproductive and Child Health Program and critically comment on population stabilization strategy of government of India. 12
2. Discuss Counselling Skills. What is the counselling model for HIV/AIDS ? 4+8
3. What are the global initiatives for improving the status of women ? Describe the steps taken for empowerment of women in India. 6+6
4. Short Notes on :
  - (a) At risk concept for MCH 6
  - (b) Integrated Management of Neonatal and Childhood Illness 6
  - (c) MMR Vaccine 6
  - (d) Prevention of pregnancy in adolescents 6

5. Discuss the following in brief, give suitable examples where relevant.
- (a) Preventive measures for tuberculosis 5
  - (b) Information needs of adolescent 5
- 



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MME-201

**POST GRADUATE DIPLOMA IN MATERNAL  
AND CHILD HEALTH (PGDMCH)**

**Term-End Examination**

**December, 2018**

00795

**MME-201 : PREVENTIVE MCH**

*Time : 3 hours*

*Maximum Marks : 70*

**Note :** Attempt *all* questions.

1. Discuss the socio-cultural determinants of maternal and child health. 6+6
2. Discuss how to investigate an outbreak of diarrhoea in a village. 12
3. What are the common substances of abuse in adolescents ? Describe the assessment and treatment options in a case of substance abuse. 4+8

4. Write short notes on the following :  $4 \times 6 = 24$

- (a) Final treatment options in Biomedical Waste Management
- (b) Role of NGOs in providing MCH
- (c) Self-Help Group for Women Empowerment
- (d) The Consumer Protection Act

5. Discuss the following in brief, giving suitable examples where relevant :  $2 \times 5 = 10$

- (a) Primordial Prevention
- (b) Social Marketing

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**MME-201/301**

**POST GRADUATE DIPLOMA IN MATERNAL  
AND CHILD HEALTH (PGDMCH)**

**Term-End Examination**

**June, 2019**

00953

**MME-201/301 : PREVENTIVE MCH**

*Time : 3 hours*

*Maximum Marks : 70*

**Note :** Attempt *all* questions.

1. Discuss the package of services under the Reproductive and Child Health programme. Describe the various strategies under this process. 6+6=12

2. How do you conduct "Nutritional Assessment" of an adolescent ? Explain the causes, effects and prevention of eating disorders in adolescence. 6+6=12

3. What is social marketing ? What are the objectives of social marketing in MCH care ? 6+6=12

4. Write short notes on the following : 4×6=24

- (a) Focus Group Discussion
- (b) Pretest Counselling for HIV
- (c) Disposal of Biomedical Waste (Sharps)
- (d) General Fertility Rate (GFR) and Total Fertility Rate (TFR)

5. Discuss the following in brief, giving suitable examples : 2×5=10

- (a) Case Control Studies
- (b) Validity of a Screening Test

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No. of Printed Pages : 1

MME-201/301

POST GRADUATE DIPLOMA IN MATERNAL AND CHILD HEALTH  
(PGDMCH)

Term-End Examination

December, 2019

MME-201/301 : PREVENTIVE MCH

Time : 3 hours

Maximum Marks : 70

Note : Attempt all questions.

1. (a) Discuss the role and responsibilities of ASHA in NRHM programme. 6+6=12  
(b) Discuss the Janani Suraksha Yojana.
  
2. Why do the adolescents need to be treated as a special group ? Explain the management of a pregnant adolescent. 6+6=12
  
3. Enumerate the elements of counselling. How will you counsel a women for Intra Uterine device as a Family Planning Method ? 6+6=12
  
4. Write short notes on : 4x6=24
  - (a) Hepatitis B vaccine
  - (b) Cold Chain
  - (c) Community needs Assessment and Monitoring
  - (d) MTP Act
  
5. Comment briefly on : 5x2=10
  - (a) Measures of central tendency
  - (b) ABC analysis of drugs

No. of Printed Pages : 2 **MME-201/MME-301**

**POST GRADUATE DIPLOMA IN  
MATERNAL AND CHILD HEALTH  
(PGDMCH)**

**Term-End Examination**

**June, 2020**

**MME-201/MME-301 : PREVENTIVE MCH**

*Time : 3 Hours*

*Maximum Marks : 70*

*Note : Attempt all questions.*

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1. Explain the facilities and projects under RCH programme. 12
2. What are the elements of communication process ? How is the evaluation of communication process carried out ? 6+6=12
3. What are the non-burn technologies for the management of bio-medical waste ? Explain the methods of disposal of this waste. 6+6=12

[ 2 ]

4. Write short notes on the following :        6 each
- (a) At risk concept of MCH
  - (b) Socio-cultural determinants of nutrition
  - (c) Community health workers scheme
  - (d) National immunization schedule for children
5. Differentiate between the following :        5 each
- (a) Screening and surveillance
  - (b) Safe and unsafe abortions

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**POST GRADUATE DIPLOMA IN  
MATERNAL AND CHILD HEALTH**

**(PGDMCH)**

**Term-End Examination**

**December, 2020**

**MME-201/301 : PREVENTIVE MCH**

*Time : 3 Hours* *Maximum Marks : 70*

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**Note :** Attempt all questions. Answer to Q. No. 1, 2 and 3 to be written within 1200 words each. Q. No. 4 in 1000 words and Q. No. 5 to be written within 500 words each.

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1. Discuss various socio-cultural determinants of Maternal Health. Mention few steps to reduce maternal mortality rate in India. 6+6=12
2. Discuss various health services needed by adolescents. Mention the characteristics of Adolescent Friendly Health Services (AFHS).

6+6=12

[ 2 ]

3. Define an outbreak. Prepare a plan of investigation of a measles outbreak in a group of villages. 6+6=12
4. What do you understand by selective inventory control ? Discuss the role of ABC and VED analysis in it. 5+5=10
5. Write short notes on the following : 4×6=24
- (a) Verbal and non-verbal communication
  - (b) Target free approach
  - (c) Disposal of Biomedical waste
  - (d) National immunization schedule

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