

**POST GRADUATE DIPLOMA IN MENTAL
HEALTH (PGDMH)**

Term-End Examination

00906

June, 2018

MPC-052 : MENTAL DISORDERS

Time : 3 hours

Maximum Marks : 100

Note : All sections are compulsory.

SECTION A

*Answer any **two** of the following questions in about
600 words each :*

2×20=40

1. Elucidate the objectives of psychological assessment. Discuss neurocognitive assessment and how it is used in psychiatric and neurological disorders.

8+12=20

2. Describe the clinical features, nature and course of mood disorders. Indicate the diagnostic and treatment aspects of these disorders.

12+8=20

3. Discuss the concept and measurement of Burden of Illness. Present in detail the global burden of disease due to mental illness.

5+15=20

SECTION B

Answer any **five** of the following questions in about 250 words each :

5×10=50

4. Discuss the techniques of history-taking and elucidate the steps involved in mental health assessment. 5+5=10
5. Trace the history of classification of mental disorders. Explain in detail the categories of mental disorders according to DSM-IV-TR. 5+5=10
6. Discuss the issues related to the impact of mental illnesses on society. 10
7. Discuss the cognitive and behavioural disturbances in psychiatric disorders. 10
8. Explain the onset, course, symptoms and outcome of schizophrenia and acute and transient psychotic disorder. 6+4=10
9. Discuss the different stress-related mental disorders. 10

SECTION C

*Write short notes on any **two** from the following questions in about 100 words each :* *2×5=10*

10. Form of Thought and Thought Content in MSE **5**

11. Somatization Disorder **5**

12. Disability Adjusted Life Year **5**



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No. of Printed Pages : 2

MPC-052

**POST GRADUATE DIPLOMA IN MENTAL
HEALTH (PGDMH)**

Term-End Examination

December, 2018

MPC-052 : MENTAL DISORDERS

Time : 3 hours

Maximum Marks : 100

Note : All sections are compulsory.

SECTION - A

Answer **any two** of the following questions in
around 600 words each : **2x20=40**

1. Explain descriptive epidemiological studies. 5+15
Discuss epidemiology of individual psychiatric
disorders in India.
2. Delineate the course and outcome of major 15+5
psychiatric disorders. Explain the factors affecting
the prognosis of schizophrenia.
3. Discuss the methods to assess personality and 12+8
psychopathology. Present the problems faced in
administration of psychological tests.

SECTION - B

Answer **any five** of the following questions in about **250** words each : **5x10=50**

4. Elucidate the different physical and laboratory tests that are required for a person suffering from mental illness. **10**
5. Discuss the clinical features and treatment modalities of psychosexual disorders. **6+4**
6. Describe the international epidemiological studies on mental health. **10**
7. Explain the affective disturbances in mental disorders. **10**
8. Discuss the clinical features of Manic and depressive episodes. **5+5**
9. Discuss symptoms, etiology and treatment of anxiety disorders. **10**

SECTION - C

Write short notes on **any two** from the following in about **100** words each : **2x5=10**

10. Treatment of Somatoform disorders. **5**
11. Psychoeducation as a treatment of mood disorder. **5**
12. Interview schedule to assess Mental Health. **5**

01195

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MPC-052

**POST GRADUATE DIPLOMA IN MENTAL
HEALTH (PGDMH)**

Term-End Examination, 2019

MPC-052 : MENTAL DISORDERS

Time : 3 Hours

Maximum Marks: 100

Note : All sections are compulsory.

SECTION-A

Note : Answer any two of the following questions in about 600 words each. **[2×20=40]**

1. What are components of normal thought ? Elucidate the disorders of thinking. **[5+15]**
2. Discuss the general principles of interviewing. Highlight elements of history taking recording. **[10+10]**
3. Discuss classification of mental disorders in terms of need for such classification. Elucidate the five axes in diagnosis. **[12+8]**

SECTION-B

Note : Answer **any five** of the following questions in about **250** words each. [5×10=50]

4. Discuss the signs of schizophrenia during psychiatric examination. Highlight the role of psychoeducation in its treatment. [5+5]
5. Elucidate MSE and the special methods to assess mental health. [5+5]
6. Describe the clinical features and treatment of sleep disorders. [10]
7. What are the major causes of Years Lost to Disability (YLD) in males and females ? Discuss high relative burden of Psychiatric illness in high income countries. [5+5]
8. Discuss the onset course and symptoms of mood disorders. Indicate the prognosis of these disorders. [6+4]
9. What are the different types of Psychological assessment ? Enumerate the assessment scales of personality and pathology. [5+5]

SECTION-C

Note : Write short notes on **any two** from the following questions
in about **100** words each. [2×5=10]

10. Biases in epidemiological studies. [5]
11. Techniques for facilitating information gathering. [5]
12. Anhedonia [5]



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MPC-052

POST GRADUATE DIPLOMA IN MENTAL HEALTH (PGDMH)

Term-End Examination

December, 2019

MPC-052 : MENTAL DISORDERS

Time : 3 hours

Maximum Marks : 100

Note : All Sections are compulsory.

SECTION - A

Answer any two of the following questions in about 600 words each : 2x20=40

1. Discuss the epidemiological studies of psychiatric disorders in India including trans-cultural and clinical epidemiology. 20
2. Define the course and outcome of mental disorders in general and specifically of psychotic disorders. 10+10
3. Delineate the objectives and types of psychological assessment. Elucidate the neurocognitive assessment. 10+10

SECTION - B.

Answer any five of the following in about 250 words each : 5x10=50

4. Elucidate the clinical features and treatment of panic disorder and phobic anxiety disorder. 5+5
5. Describe clinical features of sleep disorders. Suggest measures for treatment. 5+5
6. Discuss global burden due to mental illness. 10
7. Discuss stigma and discrimination in regard to mental disorders. Describe the economic cost of mental illness. 5+5

8. Elucidate the tests that are used in psychological assessment of children and indicate the problems in administration of tests. 7+3
9. Explain the steps in mental health assessment (status). Describe how to conduct Mental Status Examination of an unco-operative patient. 5+5

SECTION - C

Write short notes on any two from the following questions in about 100 words each :

10. Cognitive - Behaviour therapy for depression 2x5=10
5
11. Types of epidemiological studies 5
12. Persistent delusional disorder 5



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Term-End Examination

MPC-052 : MENTAL DISORDERS

Time : 3 Hours]

[Maximum Marks : 100

Note: All sections are compulsory.

Section A

Note: Answer any two of the following questions in about
600 words each: 2x20=40

1. Discuss the main elements of history taking and list out the components of mental status examination. 20
2. Describe the course and out comes of psychotic disorders. 20
3. Elucidate major types of neurocognitive assessment. 20

Section B

Note: Answer any five of the following in about 250 words
each: 5x10=50



4. Discuss the epidemiology of individual psychiatric disorders in India.
5. Explain the importance of assessment of disabilities caused by mental disorders.
6. Elucidate DSM-IV (TR) classification of mental disorders.
7. Describe briefly the clinical picture of neurotic, stress-related and somatoform disorders.
8. Discuss the psychosocial treatment of mood disorders.
9. Describe dissociative disorders.

Section C

Note: Write short notes on any two from the following questions in about 100 words each-

10. Computerized Tomography. 5
11. Attention deficit hyperactivity disorders in children. 5
12. Cohort studies 5

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**POST GRADUATE DIPLOMA IN MENTAL
HEALTH (PGDMH)**

Term-End Examination

February, 2021

MPC-052 : MENTAL DISORDERS

Time : 3 hours

Maximum Marks : 100

Note : All sections are **compulsory**.

SECTION A

Note : Answer any **two** of the following questions in
about 600 words each :

2×20=40

1. Elucidate the following categories of mental disorders as described in ICD-10 : Organic Mental Disorders, Mood Disorders, and Disorders of Adult Personality and Behaviour. **7+6+7**
2. Explain the conative disturbances in psychiatric disorders. **20**
3. What are the measures of disease frequency ?
Discuss the types of epidemiological studies. **10+10**

SECTION B

Note : Answer any **five** of the following questions in
about 250 words each :

5×10=50

4. Elucidate the various types of psychological assessment for children. 10
5. Describe the clinical features of mood disorders. 10
6. Explain the main components of MSE. 10
7. Describe the signs and symptoms of schizophrenia. 10
8. Discuss the symptoms and treatment of dissociative disorders. 10
9. Describe the clinical picture and treatment of panic disorder. 10

SECTION C

Note : Write short notes on any **two** of the following
in about 100 words each :

2×5=10

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|--|---|
| 10. Disorders of Possession of Thinking. | 5 |
| 11. Economic Cost of Mental Illness. | 5 |
| 12. Types of Sleep Disorders. | 5 |



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