

No. of Printed Pages : 3

**MPC-054**

**POST GRADUATE DIPLOMA IN MENTAL  
HEALTH (PGDMH)**

**00905 Term-End Examination**

**June, 2018**

**MPC-054 : SERVICES FOR THE MENTALLY ILL**

*Time : 3 hours*

*Maximum Marks : 100*

**Note :** All sections are **compulsory**.

**SECTION A**

Answer any **two** of the following questions in about  
600 words each : 2×20=40

1. Describe the criminal and civil responsibility of a mentally ill person. Discuss the Domestic Violence Act. 12+8=20
2. Discuss in detail the rehabilitation of mentally ill persons. 20
3. Discuss the different schools of psychotherapy. Elucidate the factors that influence the outcomes of psychotherapy. 10+10=20

## SECTION B

*Answer any **five** of the following questions in about 250 words each :*

*5×10=50*

4. Elucidate the importance and process of documentation in mental health. 5+5
5. Discuss the Mental Health Care Bill, 2011, and indicate the ways in which this Bill differs from the Mental Health Act of 1987. 10
6. Discuss Community mental health in India. 10
7. Describe in detail the role of counselling and guidance personnel in school settings. 10
8. Elucidate the Rational Emotive Behaviour Therapy. 10
9. Discuss activities for the promotion of mental health in general and with special reference to India. 5+5

## SECTION C

*Write short notes on any **two** of the following in about 100 words each :*

*2×5=10*

- |  |   |
|--|---|
| 10. Psychotherapy in India               | 5 |
| 11. Institutional Care vs Community Care | 5 |
| 12. Multicultural Counselling            | 5 |



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**POST GRADUATE DIPLOMA IN MENTAL  
HEALTH (PGDMH)**

**Term-End Examination**

**December, 2018**

**MPC-054 : SERVICES FOR THE MENTALLY ILL**

*Time : 3 hours*

*Maximum Marks : 100*

*Note : All sections are compulsory.*

**SECTION - A**

Answer any two of the following questions in  
about 600 words each : 2x20=40

1. Discuss the myths and misconceptions about mental illness and elucidate the strategies for creating awareness and stigma reduction in the society towards mentally ill. 6+14
2. In Rehabilitation of the mentally ill, discuss the benefits of the persons with Disability Act, 1995 and the role of NGO's. 8+12
3. Elucidate the concepts of stress management and crisis intervention. Discuss the ways of anger management. 10+10

### SECTION - B

Answer **any five** of the following in about  
250 words each :

5x10=50

4. Describe the promotion of positive mental health at community and individual level. 5+5
5. Discuss certification for issues related to mental illness. 10
6. Discuss the rights of persons with mental illness. 10
7. Discuss the concept of counselling and guidance. 4+6  
Elucidate the various steps in the counselling process.
8. Describe the process of cognitive therapy for mentally ill persons. 10
9. Discuss the need for positive mental health and promotion of positive mental health at different levels. 5+5

### SECTION - C

Answer **any two** of the following in about  
100 words each :

2x5=10

10. Mental fitness certificate. 5
11. Terminal phase of Psychotherapy. 5
12. Mental health promotion and intervention in the work place. 5

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**POST GRADUATE DIPLOMA IN MENTAL  
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**Term-End Examination**

**01455 June, 2019**

**MPC-054 : SERVICES FOR THE MENTALLY ILL**

*Time : 3 hours*

*Maximum Marks : 100*

*Note : All sections are compulsory.*

**SECTION A**

*Answer any two of the following questions in about  
600 words each :  $2 \times 20 = 40$*

1. Elucidate the rights of persons with mental illness. Specify the Indian perspective in this regard.  $14+6=20$
2. Discuss the community mental health care model in India. Highlight research models used in India in this regard.  $15+5=20$
3. Discuss the concept, aims and phases of Psychotherapy. Highlight the ethical issues in Psychotherapy.  $15+5=20$

## SECTION B

*Answer any **five** of the following questions in about  
250 words each :*

*5×10=50*

4. Explain myths and misconceptions about mental illness. Discuss strategies for enhancing awareness and for stigma reduction. 5+5
5. Describe social skill training and vocational rehabilitation of mentally ill persons. 5+5
6. Describe in detail, Rational Emotive Behaviour Therapy (REBT). 10
7. Discuss the significance and ways of anger management including controlling anger through external help. 10
8. Describe the concept of positive mental health and explain how positive mental health can be promoted at community and individual levels. 5+5
9. Explain the importance and process of documentation in mental health. 5+5

## SECTION C

*Write short notes on any **two** of the following in about 100 words each :*

**2×5=10**

**10. Mental Health Care Bill, 2011** **5**

**11. Research in Mental Health** **5**

**12. Narcotic Drugs and Psychotropic Substances (NDPS) Act, 1985** **5**



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POST GRADUATE DIPLOMA IN MENTAL HEALTH (PGDMH)

Term-End Examination

December, 2019

MPC-054 : SERVICES FOR THE MENTALLY ILL

Time : 3 hours

Maximum Marks : 100

Note : All Sections are compulsory.

SECTION - A

Answer any two of the following in about 600 words each :

2x20=40

1. Put forward in detail the UN Convention on the Rights of Persons with Disabilities (UNCRPD). 20
2. Elucidate the concept and types of Stress. Explain the strategies for Stress Management. 10+10
3. Describe the Cognitive Model of therapeutic process. Discuss the principles of Cognitive Behavioural Therapy. 10+10

SECTION - B

Answer any five of the following questions in about 250 words each :

5x10=50

4. Critically evaluate the Persons with Disabilities Act, 1995. 10
5. Discuss critically community mental health programme in India. 10
6. Explain the assessment of disability in mental retardation (intellectual disability) and certification. Elucidate Indian Disability Evaluation and Assessment Scale. 5+5
7. Discuss in detail the process of Counselling. 10
8. Present the definition and aims of Psycho-therapy. Discuss ethics in Psycho-therapy. 4+6
9. Discuss the indicators and measurement of positive mental health. How do we promote Positive mental health in a Community ? 5+5

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P.T.O.

SECTION - C

Write short notes on **any two** of the following in about 100 words each :

2x5=10

10. Compare between Voluntary admission and Involuntary admission. 5
  11. Mental Health Act, 1987. 5
  12. Impact of Thought on Reaction Pattern. 5
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**POST GRADUATE DIPLOMA IN  
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**Term-End Examination**

**June, 2020**

**MPC-054 : SERVICES FOR THE MENTALLY ILL.**

*Time : 3 Hours*

*Maximum Marks : 100*

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*Note : All Sections are compulsory.*

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**Section—A**

Answer any *two* of the following questions in  
about **600** words each :  $2 \times 20 = 40$

1. Critically analyse Persons with Disabilities Act (1995) highlighting the salient features. 20
2. Discuss the importance and significance of social skill training and vocational rehabilitation programme in rehabilitation of the mentally ill persons. 10 + 10

**P. T. O.**

[ 2 ]

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3. Elucidate the concept of psychotherapy. Discuss the various schools of psychotherapy. 5 + 15

**Section—B**

Answer any *five* of the following in about 250 words each :

4. Elucidate the indicators and measurement of positive mental health. 10
5. Discuss the meaning and importance of documentation in mental health. 10
6. Discuss the legal and civil responsibilities of mentally ill persons. 10
7. Explain Indian Disability Evaluation and Assessment Scale (IDEAS). 10
8. Elucidate the concept of counselling and guidance. What are the assessment techniques used in counselling and guidance ? 5 + 5
9. Explain the principles of cognitive behaviour therapy. Elucidate the different behaviour techniques. 4 + 6

[3]

**Section—C**

Answer any *two* of the following in about  
**100** words each :  $2 \times 5 = 10$

10. Community care of the mentally ill. 5
11. District Mental Health Programme (DMHP). 5
12. Goals and challenges of research on mental health. 5

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**Term-End Examination**

**December, 2020**

**MPC-054 : SERVICES FOR THE MENTALLY ILL**

*Time : 3 Hours*

*Maximum Marks : 100*

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**Note :** *All Sections are compulsory.*

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**Section—A**

**Note :** *Answer any **two** of the following questions*

*in about **600** words each.  $2 \times 20 = 40$*

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1. Critically analyse the Mental Health Act (1987). Elucidate the legal and civil responsibilities of the mentally ill. 10 + 10
  2. Discuss the different types of certification related to mental illness. Describe the assessment of disability in mental retardation (Intellectual Disability) and assessment of multiple disabilities. 10 + 10

[ 2 ]

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3. Elucidate and describe the different cognitive therapies. 20

**Section—B**

**Note :** Answer any *five* of the following questions in about **250** words each.  $5 \times 10 = 50$

4. Explain the concept and need for positive mental health. Discuss its indicators and measurement.  $5 + 5$

5. Discuss the meaning and process of documentation in mental health.  $4 + 6$

6. Describe strategies to promote social responsibility amongst general public. 10

7. Discuss the Rehabilitation Council Act of India (RCI Act). 10

8. Define psychotherapy and elucidate its aims. Discuss the factors that influence its outcome.

$5 + 5$

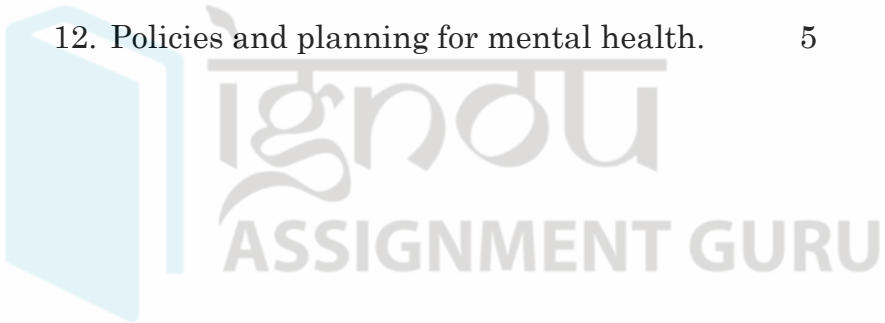
9. Discuss the different techniques used in REBT (Rational Emotive Behaviour Therapy). 10

[ 3 ]

**Section—C**

**Note :** Answer any **two** of the following questions  
in about **100** words each.  $2 \times 5 = 10$

10. Satellite clinics and home based community programmes. 5
11. Interview as a technique in counselling. 5
12. Policies and planning for mental health. 5



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